

KC Cup

Mountain Bike Race

At Legendary Landahl

<https://www.facebook.com/events/319042998701602/>

Race Date: 05/05/2019

Race Location: Landahl Mountain Bike Park, Truman

Road Trailhead Coordinates (39.0803552,-94.2392883)

Contact: Ross Given 816-560-2757 Call or Text

The KC Cup, brought to you by Country Financial and Bike Stop, features a Cross Country, Marathon XC, and Enduro single track race experience. The courses offers everything from bluff views to rocky climbs and descents through the woods.

Registration:

Online Registration: usacycling.org is open until 05/04/2019

Special Note

Enduro Registration is only open to the first 50 rider sign ups.
Early registration is encouraged.

Day of Registration:

Can only be done at race venue and must be completed 30 minutes before scheduled event.

Race Fees:

ENDURO

Open Field \$25 + \$10 one-day license if you don't have an annual license

MARATHON XC (3 HOUR)

Open Field \$35 + \$10 one-day license if you don't have an annual license

Cross Country

Cat 1/PRO \$35 **Current USAC annual license mandatory**
Intermediate Cat 2 \$35 + \$10 one-day license if you don't have an annual license
Beginner Cat 3 \$30 + \$10 one-day license if you don't have an annual license
Single Speed \$35 + \$10 one-day license if you don't have an annual license
Junior \$15 + \$10 one-day license if you don't have an annual license
Kids Race FREE!

SPECIAL NOTE

No Refunds for DNF (Did Not Finish) or NO SHOW

License to Compete

All competitors must have an annual USAC license or 1 day (\$10) USAC license to compete.

Race Day Schedule

8:30 AM Enduro Run 1 (Individual start times will be posted 30 min prior to event)
9:30 AM Enduro Run 2 (Individual start times will be posted 30 min prior to event)
10:30 AM XC Marathon
10:35 AM Cross Country (Cat 3)
12:00 PM Kids Race
2:00 PM Cross Country (Cat1 / PRO, Cat 2, Single Speed)

Prize List

Kids Medals 3 deep
Junior (boys-girl) Medals
Marathon Men (18-49) 70% of entries payout top 3 w/medals
 (50+) 70% of entries payout top 3 w/medals
Marathon Women (18-49) 70% of entries payout top 3 w/medals

Enduro	(50+) 70% of entries payout top 3 w/medals (men & women) medals top 3
Cross Country	Cat 1(men & women) 70% of entries payout top 3 w/medals Cat 2 (men & women) medals top 3 in each age group Cat 3 (men & women) medals top 3 in each age group

Race Distance

1 lap = 5 miles

1. Enduro- 2 runs (To be determined)
2. Marathon - 3 hours
3. Cat 3 - 1 lap
4. Cat 2 - 2 laps
5. Cat 1/PRO - 3 laps
6. Kids course (To be determined)

The Venue

Landahl park, KC Cup **Enduro** will be two downhill sections that test riders ability to adjust to different terrains, including drops, rocks, switchbacks and roots. The course will be timed. Fastest times win. There will be a penalty if you are late to starting line. Please register early, so times can be assigned prior to day of event. There are only 50 spots, so don't miss out.

Landahl Park KC Cup **Marathon** will consist of a 3 hour endurance challenge. The course will be 5 miles in length, and the rider who completes the most laps within the time frame wins. The loop will challenge you with switchbacks, technical rock sections, and fast flowing single track.

Landahl park KC Cup **Cross Country** will consist of a 5 mile loop. The Cat 3 riders will experience the same course as the marathon riders. The Pro/Cat1/Cat2 riders will experience a more challenging, and difficult 5 mile course.

Directions

Heading east on interstate 70 from downtown Kansas City use exit 20, 7 Hwy Blue Springs, MO. Take 7 Hwy north to Truman Rd, then turn right(east). Head east toward Landahl trail head parking lot. Parking lot is located just past Gun Range on the south side of the road. This is not the trailhead off of Argo road.
Coordinates (39.0803552,-94.2392883) (google maps).

Permit # 2019-145

